

TRIATHLON



The University of Franche-Comté, the Mallarmé pool, the Léo Lagrange stadium and the Osselle watersports centre

The city of Besançon offers triathletes a training environment where the facilities specific to each discipline are close to each other and in pleasant and natural surroundings.

Triathletes can train here whatever the weather thanks to the exceptional indoor and outdoor facilities available. They have access to a weights room with a full range of top-quality strength and conditioning equipment (cardio, resistance, endurance). This training location can also serve as a base camp for cycling sessions.

Triathletes will be able to enjoy a wide range of facilities that will offer them optimum training conditions for all three disciplines, including:

- the University of Franche-Comté's sports facility, which includes an indoor athletics stadium, equipped with eight 60-metre lanes, two long jump tracks and pits, one high jump area, a pole vault area and a shot put area, as well as a weights room;
- the athletics track at the Léo-Lagrange stadium (six 400 m lanes, eight 100 m lanes, throwing and jumping areas) combined with a network of paths and roads closed to traffic that run right next to the training facilities;
- road cycling routes used all year round by the Continentale Groupama-FDJ cycling team to prepare for professional competitions, with the GPX tracks provided by us;
- Mallarmé swimming pool, which has a 50-metre pool with six lanes.

Lastly, the Osselle outdoor centre, which is only 15 minutes away from the city centre, is ideal for combining all three disciplines. Every year it hosts the French leg of the World Triathlon Para Cup, sponsored by Alexis Hanquingant, and a round of the French Division 2 team time trials.



In brief

- Indoor athletics stadium
- Road cycling routes
- A 50-metre pool
- Outdoor training area
- Weights room



Praise all round

Justine Mathieux

FRENCH VICE CHAMPION IN THE 2020 LONG DISTANCE TRIATHLON - SECOND IN THE 2021 IRONMAN IN MALLORCA

"The Besançon area, where I grew up, offers no end of amazing places to swim, run and cycle, which is ideal for training."

Photos, videos, technical details...



Scan me!

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Accompanying services

- Transfers for athletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

Photos, videos,
technical details...

Scan me!



THE ADVANTAGES



A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms.

If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!

A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.



A TAILORED SERVICE OFFER

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



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