

The Montboucons venue is ideally situated for road cycling. The area is famous for its cycling, with a variety of topography that offers all types of training.

The Montboucons venue is designed for athletes who enjoy high-quality sports facilities and with plenty of space to train. The facility offers all the services athletes may need: spacious training and strengthening areas, first aids rooms and recovery areas. All the equipment is adjustable according to needs.

The complex has large and lockable rooms equipped with all the facilities required to prepare or fix bikes as well as cyclists' clothing. It also offers to lend scooters to follow cyclists during training sessions.

For outings on the road, the other road users are used to sharing roads with numerous amateur cyclists, which guarantees stress-free cycling on roads with low traffic. The professional Continentale Groupama-FDJ cycling team has set up its headquarters in Besançon, near the complex, which proves how good the roads are for Olympic and Paralympic cycling training.

Located at the centre of the Temis district, the complex brings together eight Olympic and Paralympic disciplines in one place, with direct access to accommodation and eating facilities. Near to the city centre, it is easy to get to by bus and by car, thanks to a free and secure singlestorey car park with disability access.



Praise all round

Romain Grégoire

TWICE FRENCH CHAMPION, EUROPEAN CHAMPION, WORLD VICE CHAMPION - TRAINED AT AC BISONTINE - GROUPAMA-FDJ CONTINENTAL TEAM MEMBER

"The team's headquarters and performance research centre are in Besançon. It is ideal for preparing for my 2022 events, such as the Tour de l'Avenir race or the Liège-Bastogne-Liège Espoirs race. In the meantime, I'm keeping my fitness levels up with cyclo-cross this winter. Between the route at the Michel Vautrot complex in the Malcombe park and the forest of Chailluz, I've plenty to keep me busy!"

Local Olympic athletes

Grand

Besançon

Métropole

Juliette Labous: 30th in the road race and 9th in the time trial at the 2021 Tokyo Olympics

Ville de

<u>Besançon</u>



- A variety of climbs and descents
- Weight training and recovery area
- Lockable rooms
- Scooter lending service
- Accessible to people with disabilities
- Hypoxic rooms available



Photos, videos, technical details...





Scan me!

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- Transfers for athletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

Photos, videos, technical details...

Grand

Besançon

Métropole

Scan me!



THE ADVANTAGES



A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms.

If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!

A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.





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Ville de

<u>Besançon</u>

A TAILORED SERVICE OFFER

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



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