

The Montboucons venue is ideally situated for road cycling. The area is famous for its cycling and paracycling, with a variety of landscapes that offer all kinds of training opportunities.

The Montboucons venue is designed for athletes who enjoy high-quality sports facilities and with plenty of space to train. The facility offers all the services athletes may need: spacious training and strengthening areas, first aids rooms and recovery areas. All the facilities can be adapted on request and are accessible to people with disabilities.

The complex has comfortable and lockable rooms, equipped with all the facilities required to prepare or fix bikes, as well as cyclists' clothing. It also offers to lend scooters to follow cyclists during training sessions.

For outings on the road, the other road users are used to sharing roads with numerous amateur cyclists and paracyclists, which guarantees stress-free cycling on roads with low traffic. The professional Continentale Groupama-FDJ cycling team has set up its headquarters in Besançon, near the complex, which proves how good the roads are for Olympic and Paralympic cycling training.

Located at the centre of the Temis district, the complex brings together eight Olympic and Paralympic disciplines in one place, with direct access to accommodation and eating facilities. Near to the city centre, it is easy to get to by bus and by car, thanks to a free and secure singlestorey car park with disability access.

One of Besançon's main priorities is to promote parasports disciplines, and as part of that effort, it has been organising the only event of its kind in France, the Raid Handi-Forts adventure race, since 2008. The parasports project has grown by encouraging sports clubs to set up a parasport section and making sports facilities accessible to people with disabilities. Thanks to all this work, Besançon received the 2016 Parasport City award.



- A variety of climbs and descents
- Weight training and recovery area
- Lockable rooms
- Scoter lending service
- Facilities and car park accessible to people with disabilities
- Hypoxic rooms available



Photos, videos, technical details...





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Grand Besançon Métropole

Besançon

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# **PARACYCLISME**

## Accompanying services

- Transfers for cyclists and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

Photos, videos, technical details...

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### THE ADVANTAGES



#### A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms.

If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!

#### A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.





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Ville de

<u>Besançon</u>

#### **A TAILORED SERVICE OFFER**

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



