

# PARATRIATHLON



The University of Franche-Comté, the Mallarmé pool, the Léo Lagrange stadium and the Osselle watersports centre

**The Grand Besançon area offers para-triathletes a training environment where the facilities specific to each discipline are close to each other and in pleasant and fully-accessible natural surroundings.**

Athletes will be able to enjoy a wide range of facilities that will offer them optimum training conditions for all three disciplines, including:

- the University of Franche-Comté's sports facility, which includes an indoor athletics stadium and a weights room;
- the athletics track at the Léo-Lagrange stadium combined with a network of paths and roads closed to traffic that run right next to the training facilities;
- road cycling routes used all year round by the Continentale Groupama-FDJ cycling team to prepare for professional competitions;
- Mallarmé swimming pool, which has a 50-metre pool with six lanes.

Para-triathletes can run here whatever the weather thanks to the exceptional indoor and outdoor facilities available. They have access to a weights room with a full range of top-quality strength and conditioning equipment (cardio, resistance, endurance). This location can also serve as a base camp for paracycling sessions.

Lastly, the Osselle outdoor centre, which is only 15 minutes away from the city centre, is ideal for combining all three disciplines. Every year it hosts the French leg of the World Triathlon Para Cup and a round of the French Division 2 team time trials. Numerous athletes taking part in this world cup series have already competed in this event in Besançon and qualified for the Paralympic Games in Rio in 2016 or in Tokyo in 2021.

If you require a personal protection service, rental transport services or access to training equipment, just ask! All the facilities are accessible to people with disabilities.

One of Besançon's main priorities is to promote parasports disciplines, and as part of that effort, it has been organising the only event of its kind in France, the Raid Handi-Forts adventure race, since 2008. The parasports project has grown by encouraging sports clubs to set up a parasport section and making sports facilities accessible to people with disabilities. Thanks to all this work, Besançon received the 2016 Parasport City award.

## Praise all round

### Alexis Hanquiquant

2021 TOKYO OLYMPIC CHAMPION, SPONSOR OF BESANÇON'S VAUBAN TRIATHLON RACE

"We're lucky to have such beautiful natural surroundings in Besançon."



## In brief

- Venue for the World Triathlon Para Cup since 2013
- Indoor athletics stadium
- Road cycling routes with GPX tracks
- A 50-metre pool
- Outdoor training area
- Weights room
- Facilities accessible to people with disabilities



Photos, videos,  
technical details...

Scan me!





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## Accompanying services

- Transfers for triathletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

Photos, videos,  
technical details...

**Scan me!**



## THE ADVANTAGES



## A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms.

If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!

## A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.



## A TAILORED SERVICE OFFER

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



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