

# JUDO



 Montboucons Sports Centre

**The dojo in the Montboucons sports centre offers a contest space of up to 1,200 sq. m, which includes outer safety areas.**

All the judo mats in the dojo meet IJF standards to ensure all the fighters can prepare under the same conditions as those at the Olympic Games. The venue also has a stand with 572 seats.

This facility includes a weights room, with all the equipment required for conditioning and strengthening, and six changing rooms with showers. It also has a video analysis room for mentally preparing athletes.

As the dojo is one of the French judo federation's training centres, the federation will be able to ask some of its fighters to act as sparring partners for the fighters from the hosted delegation.

The sports centre is located at the heart of the Temis district, an economic and higher education hub, which offers a peaceful environment that is conducive to sports activities. Near to the city centre, it is easy to get to by bus and by car, thanks to a free and secure car park.



## In brief

- Contest area of 1,200 sq. m
- Mats meeting IJF standards
- Weights room
- 6 changing rooms with showers
- Video analysis room
- Sauna, cold bath
- Medical area equipped with 3 first aid booths



Photos, videos,  
technical details...

Scan me!







## Accompanying services

- Transfers for athletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.
- Sparring partners – men and women, in all weight categories
- Other sports activities available on request: MTB outings, running, etc.

## THE ADVANTAGES

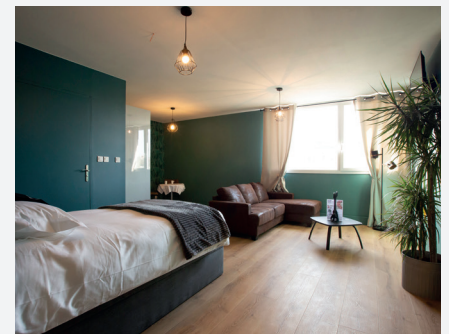


## UN CENTRE DE RÉCUPÉRATION ET DES SERVICES MÉDICAUX SUR MESURE

Autour de votre préparation sportive, un équipement unique en matière de préparation et de récupération : le Centre d'optimisation de la performance sportive (COPS) et ses chambres hypoxiques. En cas de blessure, une équipe de praticiens hospitaliers pluridisciplinaire est à votre disposition !

## A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.



Photos, vidéos, détails techniques, ...



Scannez-moi !



## UNE OFFRE DE SERVICES À LA CARTE

Une préparation à Besançon c'est l'assurance d'une concentration exclusivement centrée sur le travail sportif. Les transferts depuis l'aéroport, l'accompagnement linguistique, le transport de votre staff et du matériel... tout est centralisé par notre équipe d'accueil pour vous garantir un stage optimum pour aller décrocher une médaille.

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