

GYMNASTICS

MEN'S ARTISTIC
RHYTHMIC



 La Saint-Claude Gymnastics Centre

The Saint-Claude gymnastics centre is a quiet, spacious and bright facility, meeting the requirements of rhythmic and men's artistic gymnastics.

The Saint-Claude gymnastics centre is equipped with three sets of men's gymnastics apparatus in an 800 sq. m area. The equipment is perfect for gymnasts preparing to compete individually or in a team. The facility is looked after and maintained by a team of specialists. The rhythmic gymnastics area has a specific floor exercise area with clearance height of 12 metres over 600 sq. m. Other available equipment includes a foam pit, mobile apparatus, landing mats, springboards, a fast track and a sound system.

The centre also has a video room for analysing sequences in detail. Our partner and expert in this field, the university of Franche-Comté (UPFR), with its Sports Science Department, can provide movement analysis video tools if delegations so desire. In addition, gymnasts preparing for the Games will be able to benefit from the university's facilities, which offer equipment meeting current IGF standards.

The La Saint-Claude gymnastics club, which owns the centre, trains daily at this venue. The centre therefore owns several sets of all the equipment delegations may need to prepare for competitions. It is nationally recognised as a top-level training and coaching centre. It frequently welcomes gymnasts preparing for international competitions, such as the Romanian team.

Near to the city centre, the facility is easy to get to by bus and by car, thanks to a free and secure car park.



In brief

- Surface area of 800 sq. m
- 600 sq. m dedicated to artistic gymnastics
- Men's gymnastics apparatus
- Sound system
- Video room



Photos, videos,
technical details...

Scan me!



Accompanying services

- Transfers for athletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

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THE ADVANTAGES



A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.

A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms. If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!



A TAILORED SERVICE OFFER

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



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