

CLIMBING



Marie Paradis Climbing Centre

The Marie Paradis climbing centre opened in 2020 and meets international standards, with its official Olympic speed wall, its 30 lead walls and 55 linear metres of bouldering wall.

The Marie Paradis climbing centre is modern and designed for top-level climbing. It has routes with an average height of 16 metres (the highest is 18 m) and an 8-metre overhang. It is one of the largest centres of its kind in eastern France, with its 30 lanes, each containing three routes, grades ranging from 5A to 8C and spread over a surface area of 700 sq. m. The hall can be adjusted to suit your needs.

The centre also has a weights room and a meeting room with video equipment to help you prepare in the best possible way. Located only 150 metres away from the Léo-Lagrange stadium, you will also have access to recovery areas (sauna, swimming pool, first aid room, etc.) or be able to enjoy a moment to relax in the relaxation area.

Near to the city centre, the facility is easy to get to by bus and by car, thanks to a free and secure car park.

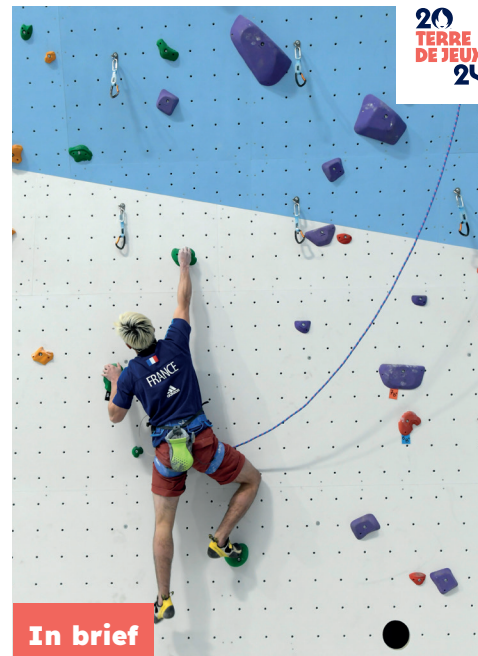


Praise all round

Nao Monchois

ENTRE-TEMPS ESCALADE CLUB MEMBER / FRENCH NATIONAL CLIMBING TEAM

"I live in Besançon itself, yet in just five minutes I can be in the great outdoors, feeling like I'm miles away from anywhere. Besançon is a place that naturally offers great training locations."



20
TERRE
DE JEUX
24

In brief

Olympic wall, 3 disciplines:

- **lead area:**
30 lanes between 12 and 18 metres high, over 100 routes from 5A to 8C;
- **speed area:**
2 officially recognised speed lanes;
- **bouldering area:**
300 sq. m including an outdoor space
- **Weights room**
- **Video analysis area**
- **Secure car park**



Photos, videos, technical details...

Scan me!



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Accompanying services

- Transfers for athletes and their equipment, from the airport to Besançon, and from Besançon to Olympic venues.
- Vehicles on hand to transport athletes and equipment throughout their stay.
- A liaison officer will accompany your team and be on hand 24/7 to help coordinate the logistics of your stay in Besançon.

Photos, videos,
technical details...

Scan me!



THE ADVANTAGES



A WIDE RANGE OF ACCOMMODATION WITH FACILITIES NEARBY

At Besançon, enjoy the same high-quality accommodation and level of service as in other large cities, but at a far more reasonable price. And as the city is compact, your hotel will only be 15 minutes away from your training centre at most, making the commute stress-free.

A RECOVERY CENTRE AND MEDICAL SERVICES TAILORED TO YOUR NEEDS

Prepare physically for the Games stress-free, knowing you have access to an unrivalled preparation and recovery facility: the sport performance optimisation centre, or COPS, and its hypoxic rooms.

If an injury occurs, a multidisciplinary hospital team is on hand to provide the care you need!



A TAILORED SERVICE OFFER

By choosing Besançon to prepare for the Games, you can concentrate all your energy on physical and mental preparation. Our welcome team will take care of the rest – airport transfers, transporting staff and equipment, providing language support – making sure you use your preparation time to the full and obtain that medal you came to win.



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Grand
Besançon
Métropole

Ville de
Besançon

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